



SMALL

BEET TATAR

SMALL 14 | LARGE 19

Beetroot, rice, chickpeas, tomato "yolk", capers
served with organic focaccia by MORIZ

SOULA STICKS

7

Tofu, nori sheets, tamari glaze, sesame, spring onion

SMALL VIENNESE STYLE GOULASH

9,5

With soy strips, served with organic rye sourdough by MORIZ

FRIED OLIVES

6,5

Baked green olives (pitted) in panko breadcrumbs with homemade
chilli-lemon aioli dip

"BLUNZ'N" POCKETS

11

3 homemade blunz'n pockets made from pulses in wonton pastry
with onion mustard and horseradish

PIMIENTOS

7

With homemade miso mayo, peanuts, sesame

COLOURFUL BEET CARPACCIO

15

Yellow beets, Chioggia beets, wild herb bouquet, blossoms,
caramelised walnuts, sesame oil

SPIRAL POTATO CHIPS

6

With dip of your choice

SOUPS

FRITATTEN SOUP

6,5

Viennese crepes in rich vegetable soup

KA'PRESS DUMPLING SOUP

7,5

Bread dumplings with plant-based cheese in vegetable soup

CREAMY CHANTERELLE SOUP

7

With Austrian chanterelles, plant-based cream topping and
crispy chanterelles

SMALL SALADS

MIXED GREEN SALAD

5

Leaf lettuce, tomato, cucumber

POTATO SALAD

5,5

CUCUMBER CREAM SALAD

5,5

MIXED SALAD

5,5

Mixed green salad, potato salad, cucumber cream salad

BIG

AUSTRIAN STYLE ROAST

21

Homemade seitan roast with a crispy crust,
served with napkin dumplings and sauerkraut

ONION STYLE ROAST

22

Soy roast with roast potatoes, crispy onions and fan-cut gherkins

VIENNESE STYLE GOULASH

17

With soy strips, napkin dumplings and fan-cut gherkins

TOFU NORI

19

Tofu-nori fillet on lemongrass-ginger potato purée with homemade
seaweed caviar and herb oil

QUESABIRRIA TACOS

18

3 corn tortillas, oyster mushrooms in birria sauce, plant-based
cheese, with consommé, guacamole, lime and cilantro spring onion

CHANTERELLES À LA CRÈME

18

Austrian chanterelles à la crème, paprika-spiced, with fried thyme
polenta slices

PORCINI RISOTTO

24

Creamy risotto, Austrian porcini mushrooms, caramelised chicory

SALAD BOWLS

KA'PRESS DUMPLINGS

11

Bread dumplings with plant-based cheese on mixed green salad

ROASTED PUMPKIN SALAD

15

Roasted Hokkaido pumpkin, apple, baby leaf salad, caramelised
walnuts, pickled red onion, tahini-pumpkin seed oil dressing

EXTRAS

ROAST POTATOES

4,5

SAUERKRAUT

4

NAPKIN DUMPLINGS

5

ORGANIC FOCACCIA by MORIZ

3,5

ORGANIC RYE SOURDOUGH by MORIZ

3

DIPS

2

Ketchup | Mustard | Lingonberry Jam

Homemade: mayo | garlic mayo | tartare sauce | miso mayo
chilli-lemon aioli dip



HOMEMADE DESSERTS

KAISERSCHMARRN

12,5

with raisins and Zero-Rum, served with plum compote
minimum 20-minute wait

CHEESECAKE

7

Creamy soy-based cheesecake with gluten-free crust and raspberry
sauce

NOUGAT CHOCOLATE CAKE

6,5

Nougat chocolate cake with hazelnuts, ganache and nougat cream

PLUM DUMPLINGS

8

2 pcs., plant-based curd dough, sweet nut crumbs

VIENNESE CREPES "PALATSCHINKEN"

APRICOT JAM

1 STK. 5 | 2 STK. 9

CHOCOLATE-NUT & ZERO-RUM

1 STK. 6 | 2 STK. 11

PLANT-BASED NUTELLA

1 STK. 5 | 2 STK. 9

ICE CREAM PANCAKE

1 STK. 8 | 2 STK. 15

DESSERT OF THE WEEK

5

Something new every week. While supplies last.
Ask our staff!

SCOOP OF VANILLA ICE CREAM

3

BIO vanilla ice cream (coconut base) by MORIZ

SOULA MINDFUL DRINKS



TEA

CEYLON NUWARA ELIYA

4,5

WALDBEERE

4,5

ORGANIC CHAMOMILE

5,5

GREEN TEA JASMINE

5

HIBISCUS

5

ROSE

5

FRESH GINGER WITH LEMON

5

CHINESE FRUIT TEA

6

Green tea, jujube, gardenia, chrysanthemum, honeysuckle,
medlar, goji berry, raisins, rock sugar

CHAI LATTE

6

COFFEE

ICED OR HOT.

ESPRESSO

3

ESPRESSO DOPPIO

4,9

ESPRESSO MACCHIATO

3,5

ESPRESSO WITH WHIPPED CREAM

4,5

AMERICANO

3,8

CAPPUCCINO

4,7

CAFFÈ LATTE

5

VANILLA LATTE

5,5

HAZELNUT LATTE

5,5

CARAMEL LATTE

5,5

BROWN SUGAR SHAKEN ESPRESSO

6

Iced. Espresso doppio, brown sugar, oat.

VIENNESE ICED COFFEE

8,9

Coffee, organic vanilla ice cream, plant-based whipped cream
+ REBELS 0.0% Sweet Amaretti

+ 4

AFFOGATO

6

Espresso, BIO vanilla ice cream by MORIZ

PUMPKIN SPICE LATTE

5,5

CHOCOLATE

HOT CHOCOLATE

5,5

With plant-based whipped cream

+ REBELS 0.0% Sweet Amaretti

+ 4

100% PLANT-BASED & ZERO-PROOF

Our staff will be happy to inform you about allergens in our food
and drinks. All prices are in euros, incl. VAT. | **NO TIP INCLUDED.**

organic & fair-trade coffee beans, served with organic oat drink by default
organic soy drink (gluten-free) and decaf available on request



HOMEMADE LEMONADES

APPLE ELDERFLOWER LEMONADE	0,5 6,5
LYCHEE ROSE LEMONADE	0,5 6,5

HOMEMADE ICED TEAS

CLASSIC ICE TEA	0,5 5,9
Black tea, sugar, lemon	
GREEN JASMINE MANGO	0,5 6,9
Green tea jasmine, mango, sugar	
HIBISCUS ROSE ICED TEA	0,5 6,5

JUICES & WATER

COCA COLA	0,33 4,5		
COCA COLA ZERO	0,33 4,5		
ALMDUDLER	0,33 4,5		
FRUCADE	0,33 4,5		
ORGANIC APPLE JUICE	PURE 0.3 4.1	0.5 5.9	
	SPRITZED 0.3 3.7	0.5 5.2	
ORGANIC ORANGE JUICE	PURE 0.3 4.1	0.5 5.9	
	SPRITZED 0.3 3.7	0.5 5.2	
RED GRAPE JUICE	PURE 0.3 4.1	0.5 5.9	
	SPRITZED 0.3 3.7	0.5 5.2	
LEMON SODA	0,3 3,5	0,5 5	
ELDERFLOWER SODA	0,3 3,5	0,5 5	
RASPBERRY SODA	0,3 3,5	0,5 5	
VÖSLAUER STILL	0,33 3,5	0,75 6,7	
VÖSLAUER SPARKLING	0,33 3,5	0,75 6,7	
SODA	0,3 2,6	0,5 4,1	1 6
TAP WATER SOLO	0,3 0,5	0,5 0,9	1 1,5

ZERO SPRITZ

SOULA SPRITZER	0,25 8
Gordon's Gin 0.0, Nozeco, lychee, raspberry, lemon, soda	
HIBISCUS ROSÉ SPRITZER	0,25 7,5
Hibiscus, orange, Zahel Merl0.0% Sparkling Rosé, rose, soda	
LYCHEE SPRITZER	0,25 7,5
Lychee, elderflower, grapefruit, Nozeco, soda	
NOPEROL SPRITZER	0,2 7,5
UNDONE No. 5 Bittersweet, Nozeco, Soda	
WILDBERRY LILLET SPRITZER	0,2 7
Lillet 0%, Nozeco, Wildberry Tonic, Beeren	
LIMONZERO SPRITZER	0,2 7
Pallini Limonzero, Nozeco, Soda, Zitronen, Rosmarin	
HUGO	0,25 6,5
Elderflower, Nozeco, mint, lime, soda	
VERJUS SPRITZER	0,25 4,5
ZERO RED SPRITZER	0,25 4,5

ZERO BEER

ZWETTLER "FREI" ON TAP	<0,5%	0,3 4,9
DIE WEISSE HELL	Gluten-free. 0.0%	0,5 5,9
STIEGL LEMON RADLER	0,0%	0,33 4,7
CORONA CERO	0,0%	0,35 5



ZERO COCKTAILS

ROSÉ 75

floral · sparkling · fresh

SWEETNESS ●●○ INTENSITY ●○○

Gordon's Gin 0.0, Zahel Merl0.0 Sparkling Rosé, lemon, rose, simple syrup

10



PENUMBRA

tropical · bittersweet · citrusy

SWEETNESS ●●● INTENSITY ●●○

Gordon's Gin 0.0, UNDONE No.5 Bittersweet, lemon, passion fruit, aquafaba

10



GIN AND TONIC

dry · botanical · crisp

SWEETNESS ●○○ INTENSITY ●●○

Gordon's Gin 0.0, tonic, lemon, cucumber, pink pepper

10



AMARETTO SOUR

nutty · sweet-sour · smooth

SWEETNESS ●●● INTENSITY ●●○

REBELS 0.0% Sweet Amaretti, lemon, orange, aquafaba

12



WHISKEY SOUR

citrusy · malty · balanced

SWEETNESS ●●○ INTENSITY ●●○

REBELS 0.0% Malt Blend, lemon, simple syrup, aquafaba

12



ESPRESSO MALTINI

roasted · creamy · bold

SWEETNESS ●●○ INTENSITY ●●●

REBELS 0.0% Malt Blend, espresso doppio, vanilla, aquafaba

12



CUBA LIBRE

spiced · refreshing · familiar

SWEETNESS ●●○ INTENSITY ●●○

Captain Morgan Spiced Gold 0.0, Coca-Cola, lime

8





ZERO WINE & BOTANICALS

W H I T E

NOZECO

France. Sparkling white. Notes of apple, pear and citrus fruits. Fruity, light, floral. <0.5%

0,1 | 4,5

Fl. 0,75 | 27

NATUREO MUSCAT 0,0

Spain. White. Pear and rose aromas. Floral, fruity, gentle. 0.0%

0,1 | 5

Fl. 0,75 | 33

SOBER LO♡ER BLANC

Spain. White & sparkling. Aromas of citrus fruits and green apple. <0.05%

Fl. 0,75 | 33

R O S É

ZAHEL MERLO,0%

Maurerberg, Vienna. Sparkling rosé. Hand-picked Merlot grapes. Notes of fig, elderflower and lychee. Sweet and fruity. Organic. 0.0%

0,1 | 5,5

Fl. 0,75 | 36

SOBER LO♡ER ROSÈ

Spain. Sparkling rosé. Fruity aromas of raspberries and strawberries. <0.05%

Fl. 0,75 | 36

R E D

NATUREO TORRES 0,0

Spain. Red. Pomegranate and redcurrant aromas, hint of vanilla and tannin. Fruity & earthy. 0.0%

0,1 | 5

Fl. 0,75 | 33

B O T A N I C A L W H I T E

VON WIESEN BROMBEERBLATT & APFEL

Germany. Sparkling tea, white. Blackberry leaf, apple, caramel malt, salted lemon. Floral. Organic. <0.05%

0,1 | 6

Fl. 0,75 | 39

NIVERS NO 5

France. White. Jasmine tea, bergamot, orange blossom. Floral. 0.0%

0,1 | 6

Fl. 0,75 | 39

ARENSBAK EFFERVESCENT

Denmark. White & sparkling. Green tea, gooseberry, lemongrass. Organic. <0.5%

Fl. 0,75 | 39

B O T A N I C A L R E D

FERAL N° 3

Italy. Red. Beetroot, pepper, oak, thyme. 0.0%

0,1 | 6

Fl. 0,75 | 39

ARENSBAK RED

Denmark. Red. Black pu-erh tea, aronia, mushroom. Fruity & earthy. Organic. <0.5%

Fl. 0,75 | 39

SIUS PURPUR

Lower Austria. Red. Pu-erh tea, beetroot, elderflower, pepper, cherry wood. <0.5%

Fl. 0,75 | 39